

# Environments of Power

## Exploring the Impact of Architecture and Interior Design

A Television Documentary Series

The buildings where we live, work and play have been aptly referred to by human ecologists as our third skin. Like our physical skin and the layer of clothing that we wear, our surroundings have a tremendous impact on our physical and psychological health. These environments both define our boundaries and reveal hidden aspects of our inner selves. The ever-increasing abundance of books and magazines on interior decoration and home improvement reveals our growing fascination with every aspect of our self-created environments.

Designing powerful environments for working, learning, healing and socializing has become the professional arena of environmental psychologists and the private domain of almost everyone else. *Environments of Power* will look for answers to the following questions about the effects of the built environment on human life:

- Is decorating a frivolous preoccupation or a human endeavor as significant and meaningful as finding a mate, pursuing a career and understanding one's place in the universe?
- Is the process of personalizing one's space a fundamental survival skill?
- What do our interior design choices say about our social status and gender identification?
- Do architectural structures have deep symbolic meaning?

This documentary series will be a cross-cultural journey exploring multiple aspects of how we shape our environments and how they in turn shape us. Titles for the thirteen proposed episodes are listed below:

Episode 1:	<b>There's No Place Like Home</b>
Episode 2:	<b>Decorating as A Survival Skill</b>
Episode 3:	<b>The Energetics of Architectural Spaces</b>
Episode 4:	<b>Interior Impact: Our Symbolic Environments</b>
Episode 5:	<b>Furnishing Our Dreams</b>
Episode 6:	<b>Creating Healthy Spaces</b>
Episode 7:	<b>Buildings as A Mystical Experience</b>
Episode 8:	<b>Atmosphere is Everything</b>
Episode 9:	<b>The Places Where We Work</b>
Episode 10:	<b>The Places Where We Play</b>
Episode 11:	<b>Places for Healing</b>
Episode 12:	<b>Places for Learning</b>
Episode 13:	<b>Designing for Life</b>